

Dear New Year 7s,

Going to secondary school is just like starting primary, except it is larger than expected. But if you ever feel uncomfortable, sad, nervous, anxious or any negative feeling at all, always talk to a teacher. When you come in to Swanshurst you will see plenty of posters around showing teachers and the word PAUSE will show up a few times. They will always be around somewhere for a chat if you are feeling down.

If you want to take part in an after school club, you can join if you want to. On Mondays, we have netball/rounders because they switch throughout the year. On Thursdays, we have football, and we have a football coach too! We compete against different schools in frenzies and if we win them, we play in tournaments and some of them are really far away, we also have a school bus. Overall, Swanshurst is an awesome school.

See you in September! 😊

